

Away From Home Care[®] provides peace of mind

As a BlueCross BlueShield HMO or POS* member, you have access to health care benefits from participating BlueCross and/or BlueShield plans in most states and the District of Columbia.

Be our guest... get a guest membership for yourself or your loved ones

With a guest membership through Away From Home Care[®], you or your dependent may obtain coverage through another participating BlueCross and/or BlueShield's (host) HMO plan when you are away from home and our service area. Coverage periods are from 90 days to one year. Guest memberships need to be renewed after one year.

Guest memberships are helpful for:

- Students—children attending school out-of-state
- Families apart—families residing in different service areas
- Long-term travelers—long-term work assignment or retirees with dual residences



*Away From Home Care is not available with all plans, including on-exchange, standard, and high deductible plans. Please consult your contract for more information.

Easy access to care

With the Away From Home Care program, you have ongoing access to the care you need while living away from home.

How it works:

1. If you or a dependent will be away from home for at least 90 consecutive days, call us at the number on the back of your member ID card. We'll let you know if there is a participating host plan nearby.
2. We'll help you complete a guest membership application and send it to you for your signature. It usually takes 30 days from the date of the request to establish a guest membership in the host network.
3. We will forward your signed application to the host plan.
4. The host plan will provide you with a membership ID card, doctor information, and instructions on how to access your benefits while using your guest membership.
5. When you need medical care, simply call your host doctor for an appointment.

Take your coverage on the road

Always remember to carry your BlueCross BlueShield member ID card with you wherever you go. It contains all the information you need to access health care services when away from home.

To learn more about the Away From Home Care program, call us at the customer service number listed on the back of your member ID card.

healthy changes
everything.®



BlueCross BlueShield
of Western New York